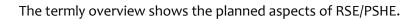
PSHE/Relationship (and Sex) Education / Health and Wellbeing





Autumn	YR	Y1	Y2	Y3	Y4	Y5	Y6
Christopher	Families and	Growing and	Differences	Valuing	Growing up	Puberty	Puberty
Winter Project	Friendship	caring for		Difference and			Relationships
Theme		ourselves		keeping safe			and
							Reproduction
Lesson Focus	Caring	Different	Differences	Body	Changes	Talking about	Online
	friendships	friends		Differences		Puberty	relationships
First Aid (St	What to do if	What to do if	What to do if	Emergencies	Emergencies	Emergencies	Emergencies
John Ambulance	someone gets	someone gets	someone gets	and calling for	and calling for	and calling for	and calling for
teaching	hurt	hurt	hurt	help	help	help	help
resources)							
Wellbeing				All about me			
Lunch Clubs							
Physical	Anti-Bullying Week 11 - 15 November: annual theme – Make a noise about bullying						
health/Mental	Odd socks day – 12 th November – to celebrate everyone's individuality						
Wellbeing	Physical activity						
	(inc. 2hrs PE)	Wrenbury Walk x 3 weekly					
	Wrenbury Walk	'alk					
	'myhappymind' programme x 1 weekly						
Keeping Safe	Personal hygiene						
						Bikeability – 1	6/17 th October
						Smokebusters	
	Consent – what is it? why is it important? How will it keep me safe?						
	Bonfire – keeping safe						
	Keeping safe on the road – road safety Education resources – THINK!/water safety (Canal and River Trust) – focus on water safety						
	in winter						
online	4-7s CEOP	4-7s CEOP	4-7s CEOP	Managing online	Managing online	Managing online	Managing online
	Education – how	Education - how	Education - how	information	information	information	information
	to stay safe	to stay safe	to stay safe			Online	Online
	online (age 4)	online (age 5 - 6)	online (age 6 - 7)			reputation	reputation

		Health,	Health,	Online	Online	
		wellbeing and	wellbeing and	relationships	relationships	
		lifestyle	lifestyle			

Note: the Science objectives that feed into the school's RSE will be taught across the year to the appropriate year group(s) through our whole school themes. The timing of these will change according to the yearly whole school themes to make the learning relevant. (see draft RSE policy)

Spring	YR	Y1	Y2	Y3	Y4	Y5	Y6
Christopher	Families and	Growing and	Differences	Valuing	Growing up	Puberty	Puberty
Winter Project	Friendship	caring for		Difference and			Relationships
Theme		ourselves		keeping safe			and
							Reproduction
Lesson Focus	Being Kind	Growing and	Male and	Personal space	What is	The	Puberty and
		changing	female animals		puberty?	Reproduction	reproduction
						system	Families,
							Conception and
							pregnancy
First aid	What to do in an	What to do in an	What to do in	Bites and stings	Asthma	Bleeding	Choking
	emergency	emergency	an emergency				
	(calling 999)	(calling 999)	(calling 999)				
Wellbeing		Overcoming obstacles/tackling challenges					
Lunch Clubs		<u> </u>					
Physical	Physical activity	Children's Mental Health awareness week – 3 – 9 th February 2024 (My Happy Mind – Mental health foundation					
health/Mental	(inc. 2hrs PE)	activities)					
Wellbeing	Wrenbury Walk	Weekly Physical activity 2hrs – Heart, Mind, Body and Soul focus incorporated					
		Wrenbury Walk x 3 weekly					
a. ()		'myhappymind' programme x weekly					
Safety		Speak out Stay Safe programme – NSPCC (signed up to)					
Internet Safety	Gaming - CEOP	Chatting online -	Sharing Pictures	Online	Online	Online bullying	Online bullying
Day – 6 th	online safety	CEOP online	and videos –	relationships	relationships	Privacy and	Privacy and
February 2024	toolkit	safety toolkit	CEOP online	Privacy and	Privacy and	security	security
			safety toolkit	security	security		
	Ensure revisiting to embed - '#Goldilocks - a cautionary tale						

Summer	YR	Y1	Y2	Y3	Y4	Y5	Y6
Christopher Winter Project Theme	Families and Friendship	Growing and caring for ourselves	Differences	Valuing Difference and keeping safe	Growing up	Puberty	Puberty Relationships and Reproduction
Lesson Focus	Families	Families and care	Naming body parts	Help and support	Healthy Relationships	Puberty help and support	Communication and relationships
First aid	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Basic life support (Not CPR)
Wellbeing Lunch Clubs	Changes/moving on						
Physical health/Mental Wellbeing	Physical activity Wrenbury Walk	Weekly Physical activity 2hrs – Heart, Mind, Body and Soul focus incorporated Wrenbury Walk x 3 weekly Sports day 'myhappymind' programme x weekly					
		Health and Wellbeing Week <mark>– 17th June 2024</mark> Exercise, diet/nutrition					
Safety online	Sharing Pictures and videos – CEOP online safety toolkit	Sharing Pictures and videos – CEOP online safety toolkit / Gaming - CEOP online safety toolkit	Chatting online - CEOP online safety toolkit	Sun safety Online bullying	Online bullying	Self-image and identity Health, wellbeing and lifestyle	Self-image and identity Health, wellbeing and lifestyle

The Protected characteristics (Equality Act) that schools are required to teach are taught at Wrenbury through the Christopher Winters Project:

Inspecting teaching of the protected characteristics in schools - GOV.UK (www.gov.uk)

Characteristics	Taught within
Age	Year 4 lesson 1 and 2 (autumn, spring)
	Year 6 lesson 3 (summer)
Disability	Year 3 lesson 1 (autumn)
	Year 4 lesson 3 (summer)
	Additional Y5/6 respect and equality (summer)
Gender reassignment	Additional Y5/6 respect and equality (summer)
Marriage and civil partnership	Year 6 lesson 3 (summer)
	Year 3 lesson 3 (summer)
Pregnancy and maternity	Year 6 lesson 3 (summer)
Race	Year 3 lesson 1 (autumn)
	Year 4 lesson 3 (summer)
	Additional Y5/6 respect and equality (summer)
Religion or belief	Year 3 lesson 1 (autumn)
_	Year 4 lesson 3 (summer)
	Additional Y5/6 respect and equality (summer)
Sex	Year 6 lesson 1 (autumn)
	Year 5 lesson 2 (spring)
Sexual orientation	Additional Y5/6 respect and equality (summer)