



Super Safeguarding Newsletter

April 2018

Wilmslow Primary Safeguarding Conference: February 2018

February saw the third of our Primary School Safeguarding Conferences. This one was located in Wilmslow High School and schools were invited from the Wilmslow and Knutsford area.

8 primary schools attended on the day with 41 pupils, 9 school staff, 3 representatives from Children’s Social Care, 2 representatives from Catch 22, 3 from Barnardo’s and 3 members of the SCiES team. Gorsey Bank Primary were involved in the organisation and decided on the ‘All Different; All Equal’ theme.

The children were fantastic and we heard some amazing presentations from 4 of the schools; they gave constructive ideas for all the schools to take back to their settings.



The themes of the different presentations were:

All Different: All Equal
Playground Pals

The work of the Pupil Support Team
The Senior Safeguarding Leadership team and their role in school



Catch 22 delivered a session on ‘Alright Charlie.’ This was about grooming and was a challenging topic, but the feedback from the children was excellent.

Kathryn from SCiES delivered a session focusing on Safer Internet day, looking at how to make sure we are being kind when we use the Internet. This gave us a lot of things to think about.

In the afternoon representatives from the Samaritans came to talk about the importance of our Emotional health and gave tips for keeping ourselves emotionally healthy.

The cloud bunting was very successful and we hope to see it in schools when we visit.

All of the adults who attended said how well the children had behaved and how well they had spoken during their presentations. The adults learnt a lot and took things away which they can use in the work they do.



The primary pupils were supported throughout the day by 8 members of the Wilmslow High School Council. They were a great help in making sure that each school had all the help that they needed and were shown around where necessary.

A big thank you to everyone who took part

Look out for Safeguarding Conferences in your area.

Crewe—9th June

Safer Internet Day: 6th February 2018

Alsager School's response.

In order to mark Safer Internet Day this year Alsager School encouraged their pupils to do a Social Media Detox. The way they organised it is as follows:



SPIRT Safer Internet Challenge: Self-Regulation

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	6 Safer Internet day! Only go on social media after 5 pm.	7 No social media posts today- Tell someone about your day instead!	8 No Social media scrolling until 4 pm.	9 Call a friend and ask them about their week. Don't stalk- talk!	10 Spend 2 phone free hours with someone.	11 Facebook free day! - Enjoy!
12 No social media after school- try reading a book.	13 Instagram free day- snap a moment, but not to post.	14 First hour of the day phone free !	15 Limit social media activity to 20 minutes in the morning and 20	16 Go for a 30 minute walk without your phone. Note down what	17 Limit yourself to 10 minutes of Social media.	18 2 hours social media free- Go for a walk with a family member.
19 Use your social media free hour to phone a relative.	20 30 minute social media limit.	21 Unfollow people that aren't real friends.	22 20 minutes social media in a morning and an evening.	23 No status updates today.	24 Put your phone in a different room whilst you sleep.	25 Turn off your smart phone for the entire day.
26 No social media after school- read for 15 minutes.	27 Three hours phone free- Write down how this makes you feel.	28 A whole day phone free- Write down 3 things you'd like to do in the future.	Let's see if Alsager School can reduce our social media usage for the rest of February. Please, share what you did instead on the E-safety wall with the #WhatIdidInsteadofSocialmedia			

- 'Social Media Detox' posters were displayed in each classroom,
- Discussions on how much time pupils are spending on social media and the implications that this can have on their emotional health were held with form teachers.
- Teachers and form tutors, were encouraged to take part in the challenge as positive role models.
- There was a pledge area, on the E- Safety board in the small canteen, where students could write down 'what they did instead of social media'

Congratulations to everyone who successfully took part



Alsager School

An Achieving School - A Caring Community



Alsager Sixth Form College

Is this something that you could set as a challenge in your school?

Wrenbury Well-Being Lunch Clubs.



The Wellbeing Lunch Clubs involve every child in school and every teacher, full time teaching assistants, the school's administrative assistant and the Head-teacher. Each child is allocated to a group consisting of around 8-10 children from reception to Y6. The group is led by someone who is not the child's class teacher or teaching assistant but someone, the staff feel the children will be drawn to by a shared interest or similar personality type. These lunch clubs run weekly across the five school days and across the school year and last half an hour.

“Within a short time of starting these lunch clubs, we noticed that the lunch clubs built familiarity within the group. Children not only interact socially, but have developed a sense of belonging and strong friendships and each and every one had a voice.”

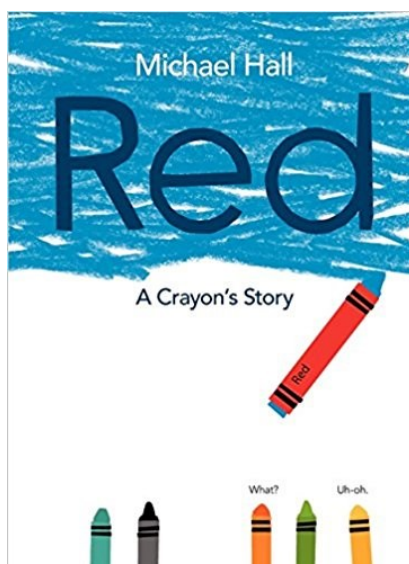
Each term, there is a different whole school focus to the Wellbeing Lunch Clubs. We have covered themes such as

- What is friendship?
- Sharing and understanding our feelings and emotions
- Having a growth mind-set
- 'There are no outsiders in our school' (adapting Andrew Moffat's work on the Equality Act).

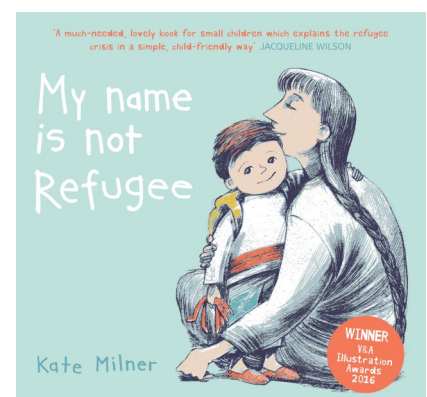
The sessions are led by the adult using picture story books or sometimes photos and images that are accessible to Reception children through to Y6.

Whilst the children eat together in a social setting, they listen to a story or look at an image used as a discussion starter. There then follows a discussion around the stimuli and all the

children are encouraged to share their view points, question and challenge the view points of others, including the adult leading the session. We ensure that every child has a voice that is heard.



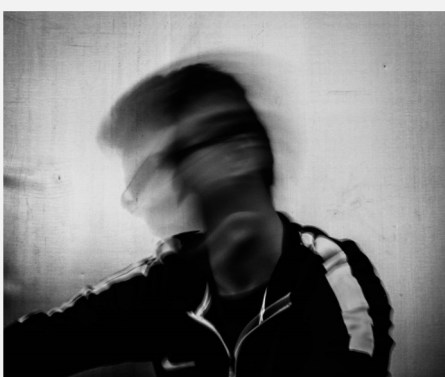
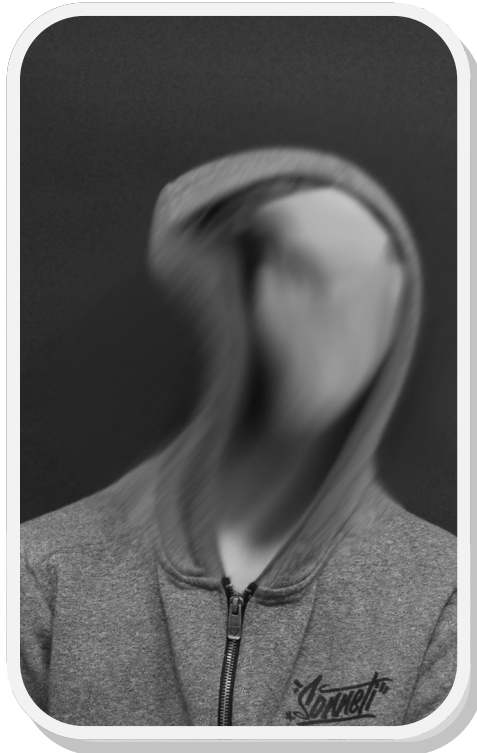
**To find out more
you could
contact the
children at
Wrenbury**



Adolescent Mental Health

As part of their GCSE photography course, Year 10 pupils at Adelaide School have been looking at concept/fine art photography and issues surrounding adolescent mental health. They each chose a different aspect of mental health including the impact of bullying, substance abuse, fears and phobias and poor mental health in general, interpreting them in their own way.

Some of the results are showcased below:



How do you learn about mental health issues in your school? Could you suggest that you create some art work to explore the issues involved?

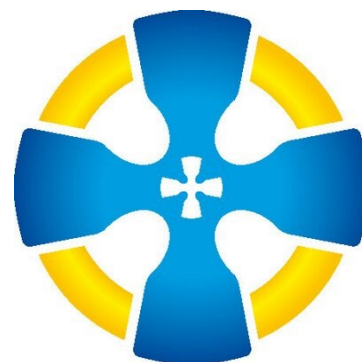


Thank you to all the students at Adelaide who have allowed us to share their images



Getting Out of a Sticky Situation

Pupils at Sandbach High School and Sixth Form college have designed and produced four short films aimed at year 6 pupils. These films are designed to help children develop strategies for sticky situations that they might find themselves in. They are situations which the children might worry about and cover the following topics: Online Bullying, Saying No to Indecent Images, Game and Film ratings, and Online friend requests. The link to the films can be found on the [SCiES website](#).



We would love to hear from you and what you are doing in school to raise awareness of safeguarding.

If you have done a good assembly, led an initiative, spoken to your teachers about an issue etc then please get in touch and share your great ideas with other schools

If something in this newsletter inspires you to do something then we would love to hear about that as well!

Contact us on Sciesteameast@cheshireeast.gov.uk

What is coming up this term?

May 14th National Mental Health Awareness week

July 14th Memorial Day for Victims of Honour Based Violence

