

Relationship and Sex Education / PSHE including Wellbeing at Wrenbury



The termly overview shows the planned aspects of RSE/PSHE/Wellbeing.

Note: the Science objectives that feed into the school's RSE will be taught across the year to the appropriate year group(s) through our whole school themes. The timing of these will change according to the yearly whole school themes to make the learning relevant.

[illegible]

Summer	YR	Y1	Y2	Y3	Y4	Y5	Y6
Christopher Winter Project Theme	Families and Friendship	Growing and caring for ourselves	Differences	Valuing Difference and keeping safe	Growing up	Puberty	Puberty Relationships and Reproduction
Lesson Focus	Families	Families and care	Naming body parts	Help and support	Healthy Relationships	Puberty help and support	Communication and relationships
First aid	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Role play first aid scenarios using prior learning	Basic life support (Not CPR)
Wellbeing Lunch Clubs	Being me – Understanding my feelings and emotions						
Physical health/Mental Wellbeing	Physical activity Wrenbury Walk	Weekly Physical activity 2hrs – Heart, Mind, Body and Soul focus incorporated Wrenbury Walk x 3 weekly Sports day					
		‘myhappymind’ programme x weekly					
		Health and Wellbeing Week Exercise, diet/nutrition					
Safety online	Sun safety						
	Online behaviour						

The Protected characteristics (Equality Act) that schools are required to teach are taught at Wrenbury through the Christopher Winters Project:

Protected Characteristics	Taught within
Age	Year 4 lesson 1 and 2 (autumn, spring) Year 6 lesson 3 (summer)
Disability	Year 3 lesson 1 (autumn) Year 4 lesson 3 (summer) Additional Y5/6 respect and equality (summer)
Gender reassignment	Additional Y5/6 respect and equality (summer)
Marriage and civil partnership	Year 6 lesson 3 (summer) Year 3 lesson 3 (summer)
Pregnancy and maternity	Year 6 lesson 3 (summer)
Race	Year 3 lesson 1 (autumn)

	Year 4 lesson 3 (summer) Additional Y5/6 respect and equality (summer)
Religion or belief	Year 3 lesson 1 (autumn) Year 4 lesson 3 (summer) Additional Y5/6 respect and equality (summer)
Sex	Year 6 lesson 1 (autumn) Year 5 lesson 2 (spring)
Sexual orientation	Additional Y5/6 respect and equality (summer)