

Spring	YR	Y1	Y2	Y3	Y4	Y5	Y6
Christopher Winter Project Theme	Families and Friendship	Growing and caring for ourselves	Differences	Valuing Difference and keeping safe	Growing up	Puberty	Puberty Relationships and Reproduction
<i>Lesson Focus</i>	Being Kind	Growing and changing	Male and female animals	Personal space	What is puberty?	The Reproduction system	Puberty and reproduction Families, Conception and pregnancy
Wellbeing Lunch Clubs	Friendships – Friendship Terrace (extended)						
Physical health/Mental Wellbeing	Physical activity Wrenbury Walk	Weekly Physical activity 2hrs – Heart, Mind, Body and Soul focus incorporated Wrenbury Walk x 3 weekly					
Safety	RNLI – water safety NHS Self Care focus – whole school						
Internet Safety Day – February Into week focus	Watching videos CEOP/Netware	Gaming / sharing pictures CEOP/Netware	How to evaluate what they see online 'Blocking him Right Good Alfie' CEOP	How to identify online risks Sharing pictures/ chatting on line How and when to seek help 'Who's Magnus?' CEOP		How to recognise techniques used for persuasion Netware - Apps How and when to seek help	
	Ensure revisiting to embed - '#Goldilocks - a cautionary tale						

Summer	YR	Y1	Y2	Y3	Y4	Y5	Y6
Christopher Winter Project Theme	Families and Friendship	Growing and caring for ourselves	Differences	Valuing Difference and keeping safe	Growing up	Puberty	Puberty Relationships and Reproduction
Lesson Focus	Families	Families and care	Naming body parts	Help and support	Healthy Relationships	Puberty help and support	Communication and relationships
Wellbeing Lunch Clubs	Mental wellbeing and Emotional health -Action for Happiness GREAT DREAM						
Physical health/Mental Wellbeing	Physical activity Wrenbury Walk	Weekly Physical activity 2hrs – Heart, Mind, Body and Soul focus incorporated Wrenbury Walk x 3 weekly					
	Health and Wellbeing Week Exercise, diet/nutrition, first aid						
Safety online	Sun safety						
	Online behaviour						